

RAIN CITY  
NUTRITION



## Rain City Nutrition

777 West Dakota Ave

Hayden, ID 83835

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office.raincitynutrition@gmail.com

www.raincitynutrition.com

Pay balance online: <https://pay.instamed.com/raincitynutrition1>

Thank you for choosing our Medical Nutrition Therapy office for your nutrition services. At this time we offer **Saturday** appointments. These appointments are **via telehealth virtual appointments**.

Here is the link for the virtual appointment:

<https://doxy.me/raincitynutrition>

To prepare for your appointment, please fill out the new patient forms that were emailed to you and email them back to the office before your appointment (Monday- Friday). This includes a food diary for one day. These forms will be uploaded to your chart for your appointment.

If you need to contact the office to *schedule or cancel* an appointment, please contact the office during the week Monday- Friday, either via email at office.raincitynutrition@gmail.com or by leaving a message on the appointment line at 206-488-1300.

Thank you

Jodi Augustine RD